

OönaPMS2 FACT SHEET

What is it?

OönaPMS2 provides natural relief for PMS. OönaPMS2, taken just before a menstrual period begins, is formulated to address the frequent onset of menstrual cramps and associated headaches and/or gastrointestinal complaints. OönaPMS2 and OönaPMS1 can be taken together.

How much?

Suggested retail price is \$19.95.

Each box of Oöna PMS2 contains 50 capsules.

How to order?

To order, call 1-888-596-5154 or go to www.oonahhealth.com

Symptoms Addressed:

- Uterine Cramps
- PMS-related Indigestion & Gas
- Nausea
- Body & Muscle Aches
- Heavy Bleeding
- Lower Back Pain

Ingredients:

Active ingredients (all standardized extracts): Cramp bark proprietary extract (verbenalin 7% or 350 mcg), ginger extract 5% gingerols, 75 mg. Oöna Health is the first to develop a standardized cramp bark extract, called O-Bark. A patent is pending.

How OönaPMS2 differs:

- Using standardized cramp bark to Verbenalin as a marker compound, OönaPMS2 provides all the constituents of the herb, including a known amount of a key active ingredient.
- Oöna Health uses super critical fluid extraction, making OönaPMS2's cramp bark extract the "cleanest" available. Alcohol and ethanol are not used.
- OönaPMS2's extract is stronger and does not need to be taken as often as other tinctures.
- Ginger is a great compliment to cramp bark. The gingerols in ginger lower prostaglandins, known to increase cramping pain. Ginger also addresses stomach upset associated with menstruation.
- Product uses all standardized extracts, providing consistent efficacy and reliability.

OönaPMS2 can be taken with OönaPMS1, which is taken throughout a woman's cycle and works to help balance production of certain hormones.