

## **OÖNA HERBAL SUPPLEMENT FOR WOMEN**

### **What is Oöna?**

Oöna is a carefully standardized herbal supplement that safely and effectively addresses the most troublesome symptoms of menopause.

### **What symptoms does Oöna address?**

- Hot Flashes
- Occasional Tension or Nervousness
- Sleep Disturbances
- Mild Depression
- Vaginal Dryness
- Night Sweats

### **What sets Oöna apart?**

#### ▪ **Superior Formulation**

Oöna is simple and powerful. Black cohosh and chaste tree hold significant benefits independently but were specifically chosen for their unique complementary effect. Menopausal symptoms are caused by an imbalance of endocrine hormones. The pituitary helps orchestrate this balance and is where Oöna does its work. Black cohosh works during the first half of a woman's cycle (leveling the luteinizing hormone), chaste tree during the second half of the cycle (increasing progesterone). Thus, Oöna quickly restores a woman's delicate hormonal balance and addresses a wider range of symptoms. (See brochure for a full explanation.)\*

#### ▪ **Appropriate and Effective Dosage**

Not all herbs are created equal. There are many different forms, quality levels, concentrations, and dosage options used in the herbal industry. We spent years with the finest herbalists and manufacturers to determine the most effective and tolerable concentrations and dosage recommendation.

#### ▪ **Quality Control**

Each batch of Oöna consists of finest standardized extracts available, independently tested for strength and purity. We guarantee that there is no variability of content, safety, or efficacy from box to box, tablet to tablet.

### **What are Oöna's ingredients?**

- Active: Black cohosh extract 2.5% triterpene glycosides (60 mg), Chaste tree berry extract 0.7% agnusides (30mg).
- Other ingredients: Dicalcium Phosphate, Microcrystalline Cellulose, Stearic Acid, Croscarmellose Sodium (vegetable gum), Silicone Dioxide, Magnesium Stearate \* No artificial preservatives or sugars are used.

### **What is the recommended dosage?**

Initial serving size: 2 tablets, 3 times a day until symptoms subside.

Permanent serving size: 1 tablet, 2 to 4 times a day.

It may take up to 10-14 days to feel the effects, at which time the dosage schedule should switch from Initial to Permanent.

### **How much does Oöna cost?**

Retail Price: \$24.95 Wholesale price: \$14.95 Distributor Price: \$11.00

Each box of Oöna is a 96-tablet supply.

### **How do women learn more?**

By calling Oöna Health, Inc. directly @ **1-888-596-5154** and speaking to our customer support team. Free brochures and stands are always available. An additional resource for women is our website, [www.oonahhealth.com](http://www.oonahhealth.com) which is updated monthly.